

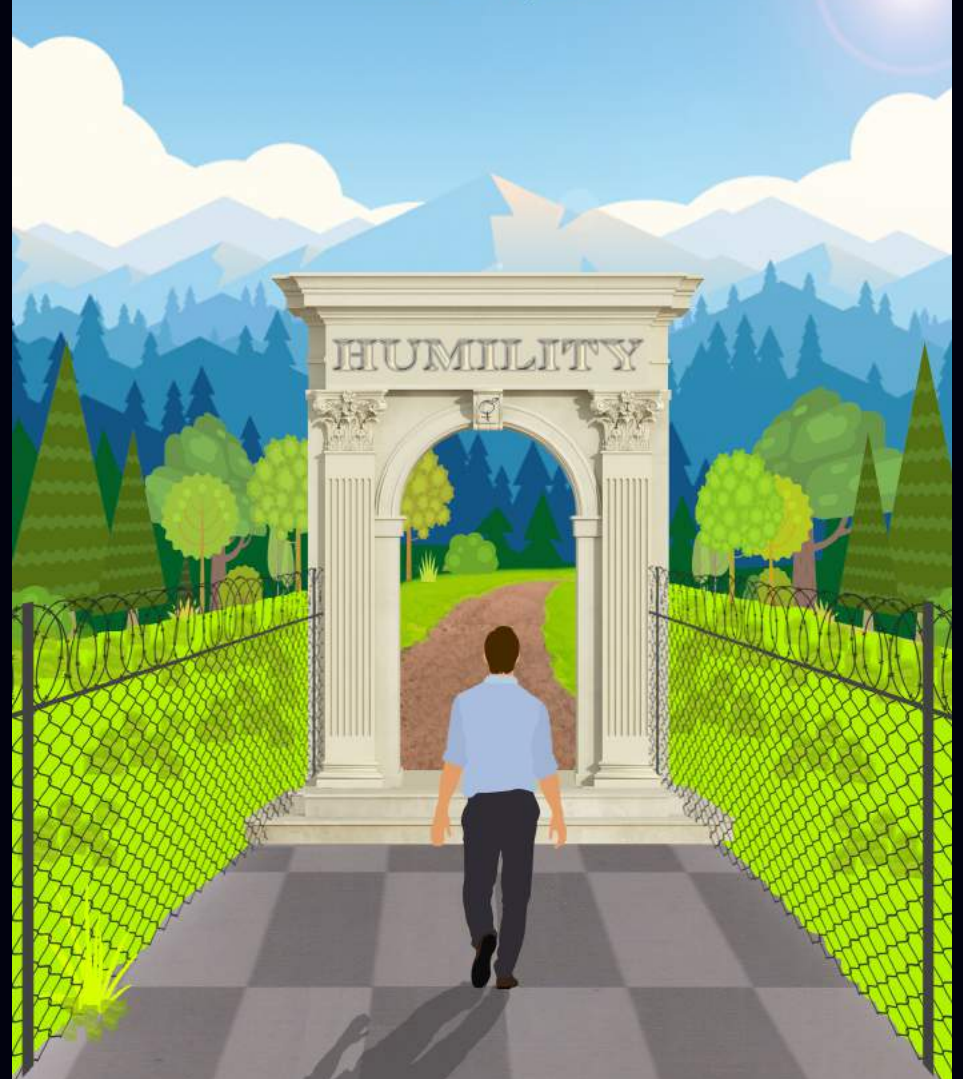


www.cedarspringscrc.org

SA & S-Anon Northwest Regional Retreat

THE ROAD TO RECOVERY

March 29-31, 2019



Cedar Springs Retreat Centre

4700 Minaker Road, Sumas, WA, 98295, 360-988-6674

www.cedarspringscrc.org

Preview videos: www.savancouver.org/events



Same beautiful retreat center as Spring, '17, '18!

Friday, March 29

2:00 - 6:00 pm Registration/Meet & Greet
 5:00 - 6:00 pm Early Bird Meeting
 6:30 - 7:30 pm Dinner & Orientation
 7:45 - 8:45 pm Speaker Meeting
 9:00 - 10:00 pm Break-Out Meetings
 10:15 - 11:00 pm Marathon Meeting

Saturday, March 30

To be announced

Sunday, March 31

7:15-11:45am Mtgs/Bkfst
 Noon Lunch & Gratitude
 2:00 pm Departure

Full retreat schedule will be provided at registration



See the retreat center preview video at www.savancouver.org/events

Exclusive use of retreat center grounds • Linens and towels provided!
 Excellent facilities and rooms • Fire pit • All meals served to the table
 Delicious Food! • Beautiful grounds • Lake with row-boats • Coffee shop
 Walking trails • Ping Pong • Basketball Court • Refreshment table

SA Contact: Yvon • 778-855-9640 • yvon158@hotmail.com
S-Anon Contact: Karen I. • 604.842.2410 • inneskaren@hotmail.com
SA Metro Vancouver Area • 604.290.9643 • www.savancouver.org

Registration All registration information is confidential. One form per person.

Name	<input type="checkbox"/> SA <input type="checkbox"/> S-Anon <input type="checkbox"/> Male <input type="checkbox"/> Female
Address	City
Prov./State	P.C./Zip
Phone	Email

Willing to be of service?
 Temporary sponsor Lead a meeting Set-up Registration Desk
 Literature Table Clean-up General Other: _____

Willing to participate in variety show? Yes No
 Description of talent: _____

Dietary restrictions: 6 meals provided - Friday dinner to Sunday lunch
 Vegetarian Vegan Gluten-free

The Road To Recovery retreat cost:

Early-Bird	<input type="checkbox"/> \$ 190 USD
After January 20, 2019	<input type="checkbox"/> \$ 205 USD

Private room for couples No single occupancy rooms available.
 Spouse's name: _____ One payment/couple. \$ 50 USD

Donation to Retreat Scholarship Fund: SA S-Anon \$ _____ USD

Total	\$ _____ USD
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Payment Options Registration and refund deadline: March 19, 2019. *No walk-in registrations!
 Online: www.sa.org/store/
 "Mar 2019 - SA/S-Anon NW Regional Spring Retreat in Sumas, WA"
 Check: Payable to "Retreat Committee SA"
 Mail to: Retreat Committee SA, P.O. Box 289, Suite 800, 15355 24th Ave.
 Surrey, BC, Canada, V4A 2H9

Online payment preferred to lighten workload and reduce currency exchange costs.
 Online refunds are subject to a \$5 processing fee. Please register early, if possible.

Considerations: The dining hall will be shared by both SA & S-Anon. Please wear modest, loose-fitting clothing, with high neck-lines; avoid shorts and open-toed shoes. Minimize the use of make-up, perfume or cologne. Temporary sponsors will be available for consultation throughout the retreat. No minors permitted. Canadian attendees are encouraged to purchase travel health insurance.

